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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

We wast food by buying to much of it.	We waste food when we go to a buffet and take too much.
We waste food by throwing out food before its expiry date	We waste food by we waste feel by buying more than we need.

2. Write or draw four ways that we can reduce food waste:

Put food scraps in a compost bin	Put the old food in the front of your fridge
One way we can reduce food waste is by eating the food before its expiry	One way we can reduce Waste is by not taking too much food on we go to a
date	buffet .

