

Name Date

Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

We throw day old food out even though it is still fresh but no fully fresh	We buy to much things and then it all gets thrown in the garbage
We buy things that we don't like and then we say yuck and throw it out	We use food that is right next to expiring date then it goes bad and we throw it out into the wrong bin

2. Write or draw four ways that we can reduce food waste:

We can save the day old food and if we don't want it we can give it to people with no food	We buy only a limited amount of food so we don't throw anything out
We can buy things and then try it if we don't like it we give it to people with no food	Buy food before expiring date so it does not infect our fridges food

